



## 2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

### Detailed evaluation

**Hilmer, Reinhold**

Club: TV Boevinghausen  
Number: 701

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:33:00

Speed: 10.97 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 39 (of 71)

Rank in course/Men: 34 (of 54)

Best time in course: 1:08:26

Rank in category: 1(of 5)

Best time in the category: 1:33:00

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Control            | 5.00     | 27:00      | 5:24         | 1           | -           | 25      | 6:48       | 5.00          | 27:00      | 5:24         | 1        | -           | 6       |            |
| Kontrolle          | 5.00     | 27:10      | 5:26         | 1           | -           | 33      | 6:57       | 10.00         | 54:10      | 5:24         | 1        | -           | 6       |            |
| Control            | 5.00     | 26:00      | 5:12         | 1           | -           | 37      | 7:15       | 15.00         | 1:20:10    | 5:20         | 1        | -           | 6       |            |
| Finish             | 2.50     | 12:50      | 5:08         | 1           | -           | 37      | 3:44       | 17.50         | 1:33:00    | 5:18         | 1        | -           | 34      | 24:34      |