



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hilmer, Reinhold

Club: TV Boevinghausen
Number: 701

Course: 17.50 km
Panorama Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:33:00

Speed: 10.97 km/h
Running performance: 5:19 min/km

Rank in course/Total: 39 (of 71)

Rank in course/Men: 34 (of 54)

Best time in course: 1:08:26

Rank in category: 1(of 5)

Best time in the category: 1:33:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	27:00	5:24	1	-	25	6:48	5.00	27:00	5:24	1	-	6	
Kontrolle	5.00	27:10	5:26	1	-	33	6:57	10.00	54:10	5:24	1	-	6	
Control	5.00	26:00	5:12	1	-	37	7:15	15.00	1:20:10	5:20	1	-	6	
Finish	2.50	12:50	5:08	1	-	37	3:44	17.50	1:33:00	5:18	1	-	34	24:34