



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Kipry, Volker

Club: TV Flerke
Number: 601

Course: 17.50 km
Panorama Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:40:27

Speed: 10.15 km/h
Running performance: 5:44 min/km

Rank in course/Total: 51 (of 71)

Rank in course/Men: 42 (of 54)

Best time in course: 1:08:26

Rank in category: 10(of 11)

Best time in the category: 1:22:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	31:31	6:18	11	7:13	47	11:19	5.00	31:31	6:18	10	6:27	12	1:55
Kontrolle	5.00	29:06	5:49	10	4:46	42	8:53	10.00	1:00:37	6:03	10	11:05	12	0:24
Control	5.00	26:49	5:21	9	4:49	40	8:04	15.00	1:27:26	5:49	10	15:54	12	
Finish	2.50	13:01	5:12	9	2:04	39	3:55	17.50	1:40:27	5:44	10	17:58	42	32:01