



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Heupel, Andrea

Club: Vega Sprinter Hennesee
Number: 697

Course: 17.50 km
Panorama Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:42:34

Speed: 9.94 km/h
Running performance: 5:52 min/km

Rank in course/Total: 57 (of 71)
Rank in course/Women: 11 (of 17)
Best time in course: 1:17:08

Rank in category: 1(of 2)
Best time in the category: 1:42:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	30:29	6:05	1	-	11	7:15	5.00	30:29	6:05	1	-	9	1:43
Kontrolle	5.00	29:58	5:59	1	-	13	7:04	10.00	1:00:27	6:02	1	-	9	4:32
Control	5.00	27:44	5:32	1	-	12	7:12	15.00	1:28:11	5:52	1	-	8	7:04
Finish	2.50	14:23	5:45	2	0:09	12	3:55	17.50	1:42:34	5:51	1	-	11	25:26