



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Heinze, Tobi

Club: SUS Hochmoor 1958 e.V.
Number: 705

Course: 17.50 km
Panorama Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:32:43

Speed: 11.00 km/h
Running performance: 5:18 min/km

Rank in course/Total: 38 (of 71)

Rank in course/Men: 33 (of 54)

Best time in course: 1:08:26

Rank in category: 5(of 6)

Best time in the category: 1:08:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	28:01	5:36	5	7:49	33	7:49	5.00	28:01	5:36	5	7:48	17	
Kontrolle	5.00	27:38	5:31	5	7:18	36	7:25	10.00	55:39	5:33	5	15:06	17	
Control	5.00	25:48	5:09	5	7:01	36	7:03	15.00	1:21:27	5:25	5	22:07	11	
Finish	2.50	11:16	4:30	3	2:10	15	2:10	17.50	1:32:43	5:17	5	24:17	33	24:17