



## 2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

### Detailed evaluation

**Held, Torben Jonas**

Club: Matschköpfe  
Number: 732

Course: 17.50 km  
Panorama Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:44:34

Speed: 9.75 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 60 (of 71)

Rank in course/Men: 47 (of 54)

Best time in course: 1:08:26

Rank in category: 6(of 6)

Best time in the category: 1:08:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	30:11	6:02	6	9:59	43	9:59	5.00	30:11	6:02	6	9:58	18	0:35
Kontrolle	5.00	29:39	5:55	6	9:19	46	9:26	10.00	59:50	5:59	6	19:17	18	
Control	5.00	29:13	5:50	6	10:26	49	10:28	15.00	1:29:03	5:56	6	29:43	18	1:06
Finish	2.50	15:31	6:12	6	6:25	50	6:25	17.50	1:44:34	5:58	6	36:08	47	36:08