



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hofmann, Rainer

Club: Vega Sprinter Hennesee
Number: 700

Course: 17.50 km
Panorama Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:46:14

Speed: 9.60 km/h
Running performance: 6:04 min/km

Rank in course/Total: 61 (of 71)

Rank in course/Men: 48 (of 54)

Best time in course: 1:08:26

Rank in category: 3(of 5)

Best time in the category: 1:33:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	32:25	6:28	3	5:25	49	12:13	5.00	32:25	6:28	3	5:25	21	2:49
Kontrolle	5.00	31:16	6:15	4	4:06	49	11:03	10.00	1:03:41	6:22	3	9:31	21	3:28
Control	5.00	28:20	5:39	3	2:20	47	9:35	15.00	1:32:01	6:08	3	11:51	21	4:04
Finish	2.50	14:13	5:41	3	1:23	46	5:07	17.50	1:46:14	6:04	3	13:14	48	37:48