



## 2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

### Detailed evaluation

**Griggel, Eddi**

Club: SSV Meschede  
Number: 688

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:46:39

Speed: 9.56 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 62 (of 71)

Rank in course/Men: 49 (of 54)

Best time in course: 1:08:26

Rank in category: 4(of 5)

Best time in the category: 1:33:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	32:27	6:29	4	5:27	50	12:15	5.00	32:27	6:29	4	5:27	22	2:51
Kontrolle	5.00	30:43	6:08	3	3:33	48	10:30	10.00	1:03:10	6:18	4	9:00	22	2:57
Control	5.00	29:03	5:48	4	3:03	48	10:18	15.00	1:32:13	6:08	4	12:03	22	4:16
Finish	2.50	14:26	5:46	4	1:36	49	5:20	17.50	1:46:39	6:05	4	13:39	49	38:13