



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Griggel, Eddi

Club: SSV Meschede
Number: 688

Course: 17.50 km
Panorama Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:46:39

Speed: 9.56 km/h
Running performance: 6:05 min/km

Rank in course/Total: 62 (of 71)

Rank in course/Men: 49 (of 54)

Best time in course: 1:08:26

Rank in category: 4(of 5)

Best time in the category: 1:33:00

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Control | 5.00 | 32:27 | 6:29 | 4 | 5:27 | 50 | 12:15 | 5.00 | 32:27 | 6:29 | 4 | 5:27 | 22 | 2:51 |
| Kontrolle | 5.00 | 30:43 | 6:08 | 3 | 3:33 | 48 | 10:30 | 10.00 | 1:03:10 | 6:18 | 4 | 9:00 | 22 | 2:57 |
| Control | 5.00 | 29:03 | 5:48 | 4 | 3:03 | 48 | 10:18 | 15.00 | 1:32:13 | 6:08 | 4 | 12:03 | 22 | 4:16 |
| Finish | 2.50 | 14:26 | 5:46 | 4 | 1:36 | 49 | 5:20 | 17.50 | 1:46:39 | 6:05 | 4 | 13:39 | 49 | 38:13 |