



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hillebrand, Josef

Club: TUS 13 Hembsen
Number: 605

Course: 17.50 km
Panorama Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:49:17

Speed: 9.33 km/h
Running performance: 6:14 min/km

Rank in course/Total: 64 (of 71)

Rank in course/Men: 51 (of 54)

Best time in course: 1:08:26

Rank in category: 4(of 5)

Best time in the category: 1:20:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	32:39	6:31	4	8:29	51	12:27	5.00	32:39	6:31	4	8:29	24	3:03
Kontrolle	5.00	31:19	6:15	4	7:30	50	11:06	10.00	1:03:58	6:23	4	15:59	24	3:45
Control	5.00	29:48	5:57	4	7:59	50	11:03	15.00	1:33:46	6:15	4	23:58	24	5:49
Finish	2.50	15:31	6:12	4	4:24	50	6:25	17.50	1:49:17	6:14	4	28:22	51	40:51