



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Scheppmann, Kerstin

Club: Menden
Number: 635

Course: 17.50 km
Panorama Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:49:50

Speed: 9.29 km/h
Running performance: 6:17 min/km

Rank in course/Total: 65 (of 71)
Rank in course/Women: 14 (of 17)
Best time in course: 1:17:08

Rank in category: 2(of 2)
Best time in the category: 1:42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	33:29	6:41	2	3:00	14	10:15	5.00	33:29	6:41	2	3:00	6	4:43
Kontrolle	5.00	32:22	6:28	2	2:24	14	9:28	10.00	1:05:51	6:35	2	5:24	6	9:56
Control	5.00	29:45	5:57	2	2:01	14	9:13	15.00	1:35:36	6:22	2	7:25	6	14:29
Finish	2.50	14:14	5:41	1	-	11	3:46	17.50	1:49:50	6:16	2	7:16	14	32:42