



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Zimmermann, Franka

Club: Tri Sport Kenden
Number: 633

Course: 17.50 km
Panorama Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:34:30

Speed: 10.79 km/h
Running performance: 5:24 min/km

Rank in course/Total: 43 (of 71)
Rank in course/Women: 7 (of 17)
Best time in course: 1:17:08

Rank in category: 2(of 4)
Best time in the category: 1:33:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	27:56	5:35	1	-	6	4:42	5.00	27:56	5:35	4		5	
Kontrolle	5.00	27:52	5:34	2	0:43	7	4:58	10.00	55:48	5:34	4		5	
Control	5.00	26:06	5:13	3	0:54	8	5:34	15.00	1:21:54	5:27	4		5	0:47
Finish	2.50	12:36	5:02	2	0:04	6	2:08	17.50	1:34:30	5:24	2	0:51	7	17:22