



8. Schlaubetal Marathon Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Banduhn, Rene

Club: Eisenhüttenstadt
Number: 408

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:42:42

Speed: 12.33 km/h
Running performance: 4:52 min/km

Rank in course/Total: 25 (of 160)

Rank in course/Men: 23 (of 122)

Best time in course: 1:17:57

Rank in category: 5(of 19)

Best time in the category: 1:33:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	53:32	5:03	9	6:22	37	14:10	10.60	53:32	5:03	16		23	14:10
Last lap Ziel Inse	10.50	49:10	4:40	4	3:26	21	10:35	21.10	1:42:42	4:52	5	9:25	23	24:45