



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Gander, Gerhard

Club: Wiesenau  
Number: 405

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:42:50

Speed: 12.25 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 27 (of 160)

Rank in course/Men: 25 (of 122)

Best time in course: 1:17:57

Rank in category: 2(of 17)

Best time in the category: 1:36:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	50:27	4:45	2	1:52	21	11:05	10.60	50:27	4:45	17		25	11:05
Last lap Ziel Inse	10.50	52:23	4:59	2	4:56	39	13:48	21.10	1:42:50	4:52	2	6:48	25	24:53