



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Hermann, Erik

Club: Gunter Hermann LiveCoaching e.V.  
Number: 351

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Männer (20-29 Jahre)

Total time: 1:44:01

Speed: 12.11 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 31 (of 160)

Rank in course/Men: 29 (of 122)

Best time in course: 1:17:57

Rank in category: 7(of 13)

Best time in the category: 1:17:57

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	54:23	5:07	9	15:01	43	15:01	10.60	54:23	5:07	7	15:01	29	15:01
Last lap Ziel Inse	10.50	49:38	4:43	6	11:03	25	11:03	21.10	1:44:01	4:55	7	26:04	29	26:04