



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Löwa, Gerd

Club: Kommunales Kino Cottbus e.V.
Number: 426

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:44:38

Speed: 12.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 34 (of 160)

Rank in course/Men: 31 (of 122)

Best time in course: 1:17:57

Rank in category: 4(of 15)

Best time in the category: 1:37:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	53:36	5:03	5	5:02	39	14:14	10.60	53:36	5:03	4	5:02	31	14:14
Last lap Ziel Inse	10.50	51:02	4:51	3	2:11	30	12:27	21.10	1:44:38	4:57	4	7:13	31	26:41