



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Bergholz, Jens

Club: Dav

Number: 402

Course: 21.10 km

Eisenhüttenstädter Cross-Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:44:59

Speed: 12.00 km/h

Running performance: 4:59 min/km

Rank in course/Total: 36 (of 160)

Rank in course/Men: 32 (of 122)

Best time in course: 1:17:57

Rank in category: 5(of 15)

Best time in the category: 1:37:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	52:29	4:57	4	3:55	28	13:07	10.60	52:29	4:57	5	3:55	32	13:07
Last lap Ziel Inse	10.50	52:30	5:00	4	3:39	40	13:55	21.10	1:44:59	4:58	5	7:34	32	27:02