



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Kanig, Jörg

Club: Dorfclub Grano
Number: 366

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:45:44

Speed: 11.92 km/h
Running performance: 5:01 min/km

Rank in course/Total: 41 (of 160)

Rank in course/Men: 36 (of 122)

Best time in course: 1:17:57

Rank in category: 7(of 19)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	53:07	5:00	7	5:57	35	13:45	10.60	53:07	5:00	14		36	13:45
Last lap Ziel Inse	10.50	52:37	5:00	9	6:53	41	14:02	21.10	1:45:44	5:00	7	12:27	36	27:47