



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Kanig, Jörg

Club: Dorfclub Grano
Number: 366

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:45:44

Speed: 11.97 km/h
Running performance: 5:01 min/km

Rank in course/Total: 41 (of 160)

Rank in course/Men: 36 (of 122)

Best time in course: 1:17:57

Rank in category: 7(of 19)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.60 | 53:07 | 5:00 | 7 | 5:57 | 35 | 13:45 | 10.60 | 53:07 | 5:00 | 14 | | 36 | 13:45 |
| Last lap Ziel Inse | 10.50 | 52:37 | 5:00 | 9 | 6:53 | 41 | 14:02 | 21.10 | 1:45:44 | 5:00 | 7 | 12:27 | 36 | 27:47 |