



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Eßer, Michael

Club: FC Viktoria 1919 e.V. Mannheim
Number: 353

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Männer (20-29 Jahre)

Total time: 1:45:48

Speed: 11.91 km/h
Running performance: 5:01 min/km

Rank in course/Total: 42 (of 160)

Rank in course/Men: 37 (of 122)

Best time in course: 1:17:57

Rank in category: 8(of 13)

Best time in the category: 1:17:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	53:59	5:05	8	14:37	41	14:37	10.60	53:59	5:05	8	14:37	37	14:37
Last lap Ziel Inse	10.50	51:49	4:56	9	13:14	35	13:14	21.10	1:45:48	5:00	8	27:51	37	27:51