



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Hagen, Sebastian

Club: Frankfurt (Oder)

Number: 432

Course: 21.10 km

Eisenhüttenstädter Cross-Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:52:16

Speed: 11.22 km/h

Running performance: 5:19 min/km

Rank in course/Total: 62 (of 160)

Rank in course/Men: 55 (of 122)

Best time in course: 1:17:57

Rank in category: 7(of 13)

Best time in the category: 1:28:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	56:56	5:22	6	13:19	62	17:34	10.60	56:56	5:22	7	13:19	55	17:34
Last lap Ziel Inse	10.50	55:20	5:16	7	10:34	54	16:45	21.10	1:52:16	5:19	7	23:52	55	34:19