



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Lenz, Silvia

Club: Hohen Neuendorf  
Number: 417

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:52:35

Speed: 11.19 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 64 (of 160)

Rank in course/Women: 9 (of 38)

Best time in course: 1:41:26

Rank in category: 2 (of 4)

Best time in the category: 1:41:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	10.60	57:56	5:27	3	7:01	10	7:01	10.60	57:56	5:27	2	7:01	28	
Last lap Ziel Inse	10.50	54:39	5:12	2	3:39	7	4:50	21.10	1:52:35	5:20	2	10:40	9	11:09