



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Bielefeldt, Heiko

Club: SKALAWARA Willmersdorf
Number: 424

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:53:47

Speed: 11.07 km/h
Running performance: 5:23 min/km

Rank in course/Total: 69 (of 160)

Rank in course/Men: 60 (of 122)

Best time in course: 1:17:57

Rank in category: 9(of 15)

Best time in the category: 1:37:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	56:35	5:20	9	8:01	58	17:13	10.60	56:35	5:20	9	8:01	60	17:13
Last lap Ziel Inse	10.50	57:12	5:26	10	8:21	63	18:37	21.10	1:53:47	5:23	9	16:22	60	35:50