



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Jahnkow, Rene

Club: Berlin
Number: 176

Course: 10.55 km
Viertelmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:10

Speed: 11.73 km/h
Running performance: 4:51 min/km

Rank in course/Total: 15 (of 75)

Rank in course/Men: 15 (of 48)

Best time in course: 40:40

Rank in category: 2(of 6)

Best time in the category: 41:08