



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Seelig, Dirk

Club: Carzig
Number: 330

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:56:25

Speed: 10.82 km/h
Running performance: 5:31 min/km

Rank in course/Total: 85 (of 160)

Rank in course/Men: 72 (of 122)

Best time in course: 1:17:57

Rank in category: 14(of 19)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:04:26	6:04	16	17:16	104	25:04	10.60	1:04:26	6:04	3	9:01	72	25:04
Last lap Ziel Inse	10.50	51:59	4:57	8	6:15	36	13:24	21.10	1:56:25	5:31	14	23:08	72	38:28