



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Wisniewski, Ulf

Club: I run for life
Number: 342

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:04:08

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 108 (of 160)

Rank in course/Men: 92 (of 122)

Best time in course: 1:17:57

Rank in category: 11(of 13)

Best time in the category: 1:28:24

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.60 | 1:03:47 | 6:01 | 12 | 20:10 | 98 | 24:25 | 10.60 | 1:03:47 | 6:01 | 11 | 20:10 | 92 | 24:25 |
| Last lap Ziel Inse | 10.50 | 1:00:21 | 5:44 | 11 | 15:35 | 79 | 21:46 | 21.10 | 2:04:08 | 5:52 | 11 | 35:44 | 92 | 46:11 |