



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Wisniewski, Ulf

Club: I run for life
Number: 342

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:04:08

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 108 (of 160)

Rank in course/Men: 92 (of 122)

Best time in course: 1:17:57

Rank in category: 11(of 13)

Best time in the category: 1:28:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:03:47	6:01	12	20:10	98	24:25	10.60	1:03:47	6:01	11	20:10	92	24:25
Last lap Ziel Inse	10.50	1:00:21	5:44	11	15:35	79	21:46	21.10	2:04:08	5:52	11	35:44	92	46:11