



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Schillhaneck-Demke, Stephan

Club: LRG Torpedo Berlin
Number: 452

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:05:42

Speed: 10.02 km/h
Running performance: 5:58 min/km

Rank in course/Total: 113 (of 160)

Rank in course/Men: 95 (of 122)

Best time in course: 1:17:57

Rank in category: 12(of 17)

Best time in the category: 1:36:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:03:58	6:02	12	15:23	103	24:36	10.60	1:03:58	6:02	7	2:23	95	24:36
Last lap Ziel Inse	10.50	1:01:44	5:52	12	14:17	88	23:09	21.10	2:05:42	5:57	12	29:40	95	47:45