



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Guder, Bernd

Club: Siehdichum
Number: 388

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M70 (70-74 Jahre)

Total time: 2:07:38

Speed: 9.87 km/h
Running performance: 6:03 min/km

Rank in course/Total: 120 (of 160)

Rank in course/Men: 101 (of 122)

Best time in course: 1:17:57

Rank in category: 1(of 3)

Best time in the category: 2:07:38

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.60 | 1:03:52 | 6:01 | 1 | - | 100 | 24:30 | 10.60 | 1:03:52 | 6:01 | 1 | - | 101 | 24:30 |
| Last lap Ziel Inse | 10.50 | 1:03:46 | 6:04 | 1 | - | 98 | 25:11 | 21.10 | 2:07:38 | 6:02 | 1 | - | 101 | 49:41 |