



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Groß, Frauke

Club: Lutherstadt Wittenberg  
Number: 316

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:09:33

Speed: 9.73 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 127 (of 160)

Rank in course/Women: 22 (of 38)

Best time in course: 1:41:26

Rank in category: 4(of 9)

Best time in the category: 1:44:08

Intermediate times

Stage score

Total ranking

| Control            | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Total ranking |                |              |                 |  |
|--------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|---------------|----------------|--------------|-----------------|--|
|                    |             |               |                 |             |                |              |                 |             |               |                 | Pos<br>Cat.   | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |  |
| Lap 1              | 10.60       | 1:04:44       | 6:06            | 5           | 12:42          | 23           | 13:49           | 10.60       | 1:04:44       | 6:06            | 4             | 12:42          | 3            |                 |  |
| Last lap Ziel Inse | 10.50       | 1:04:49       | 6:10            | 4           | 12:43          | 22           | 15:00           | 21.10       | 2:09:33       | 6:08            | 4             | 25:25          | 22           | 28:07           |  |