



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Frömming, Dagmar

Club: Ranzig  
Number: 475

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:14:00

Speed: 9.40 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 135 (of 160)

Rank in course/Women: 26 (of 38)

Best time in course: 1:41:26

Rank in category: 3(of 4)

Best time in the category: 1:52:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	10.60	1:06:17	6:15	3	9:40	27	15:22	10.60	1:06:17	6:15	3	9:40	7		
Last lap Ziel Inse	10.50	1:07:43	6:26	3	11:56	25	17:54	21.10	2:14:00	6:21	3	21:36	26	32:34	