



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Jepsen, Rüdiger

Club: Frankfurt(Oder)
Number: 343

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:20:11

Speed: 8.99 km/h
Running performance: 6:38 min/km

Rank in course/Total: 143 (of 160)

Rank in course/Men: 114 (of 122)

Best time in course: 1:17:57

Rank in category: 4(of 4)

Best time in the category: 1:44:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:05:14	6:09	4	13:11	110	25:52	10.60	1:05:14	6:09	4	13:11	114	25:52
Last lap Ziel Inse	10.50	1:14:57	7:08	4	22:47	119	36:22	21.10	2:20:11	6:38	4	35:58	114	1:02:14