



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Henkel, Marko

Club: Team ERDINGER Alkoholfrei
Number: 439

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:05

Speed: 8.97 km/h
Running performance: 6:41 min/km

Rank in course/Total: 146 (of 160)

Rank in course/Men: 117 (of 122)

Best time in course: 1:17:57

Rank in category: 19(of 19)

Best time in the category: 1:33:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:05:04	6:08	19	17:54	108	25:42	10.60	1:05:04	6:08	2	9:39	116	25:42
Last lap Ziel Inse	10.50	1:16:01	7:14	19	30:17	120	37:26	21.10	2:21:05	6:41	19	47:48	117	1:03:08