



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Ebert-Herzog, Frank

Club: SG Willmersdorf SKALAWARA
Number: 349

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:21:55

Speed: 8.88 km/h
Running performance: 6:44 min/km

Rank in course/Total: 149 (of 160)

Rank in course/Men: 118 (of 122)

Best time in course: 1:17:57

Rank in category: 18(of 18)

Best time in the category: 1:32:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:09:10	6:31	18	22:47	119	29:48	10.60	1:09:10	6:31	2	14:10	118	29:48
Last lap Ziel Inse	10.50	1:12:45	6:55	18	27:01	116	34:10	21.10	2:21:55	6:43	18	49:48	118	1:03:58