



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Westphal, Hartmut

Club: Möbiskruger SV
Number: 387

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:23:57

Speed: 8.75 km/h
Running performance: 6:49 min/km

Rank in course/Total: 153 (of 160)

Rank in course/Men: 121 (of 122)

Best time in course: 1:17:57

Rank in category: 17(of 17)

Best time in the category: 1:36:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:06:23	6:15	14	17:48	114	27:01	10.60	1:06:23	6:15	2	4:48	121	27:01
Last lap Ziel Inse	10.50	1:17:34	7:23	17	30:07	121	38:59	21.10	2:23:57	6:49	17	47:55	121	1:06:00