



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Rudolph, Ilona

Club: Bobritzsch-Hilbersdorf
Number: 467

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:52:26

Speed: 7.34 km/h
Running performance: 8:10 min/km

Rank in course/Total: 157 (of 160)

Rank in course/Women: 35 (of 38)

Best time in course: 1:41:26

Rank in category: 4(of 4)

Best time in the category: 1:52:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:21:29	7:41	4	24:52	36	30:34	10.60	1:21:29	7:41	4	24:52	16	9:53
Last lap Ziel Inse	10.50	1:30:57	8:39	4	35:10	36	41:08	21.10	2:52:26	8:10	4	1:00:02	35	1:11:00