



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

## Detailed evaluation

**Laenger, Uwe**

Club: 1.FC UNION BERLIN  
Number: 722

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:54:26

Speed: 14.79 km/h  
Running performance: 4:04 min/km

Rank in course/Total: 1 (of 117)

Rank in course/Men: 1 (of 82)

Best time in course: 2:54:26

Rank in category: 1(of 18)

Best time in the category: 2:54:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	44:24	3:49	1	-	1	-	11.60	44:24	3:49	10	-	73	-
Lap 2	9.90	41:56	4:14	1	-	1	-	21.50	1:26:20	4:00	10	-	73	-
Lap 3	11.10	46:22	4:10	1	-	1	-	32.60	2:12:42	4:04	10	-	73	-
Last lap Ziel Inse	10.40	41:44	4:00	1	-	1	-	43.00	2:54:26	4:03	1	-	1	-