



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

**Malig, Ralf**

Club: Bowlingclub Senftenberg  
Number: 600

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:11:26

Speed: 13.48 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 2 (of 117)

Rank in course/Men: 2 (of 82)

Best time in course: 2:54:26

Rank in category: 1(of 23)

Best time in the category: 3:11:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	50:37	4:21	1	-	3	6:13	11.60	50:37	4:21	13	-	59	-
Lap 2	9.90	45:49	4:37	1	-	2	3:53	21.50	1:36:26	4:29	13	-	61	-
Lap 3	11.10	51:49	4:40	1	-	2	5:27	32.60	2:28:15	4:32	13	-	62	-
Last lap Ziel Inse	10.40	43:11	4:09	1	-	2	1:27	43.00	3:11:26	4:27	1	-	2	17:00