



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Muhs, Matthias

Club: Eisenhüttenstadt
Number: 662

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:32:10

Speed: 12.16 km/h
Running performance: 4:56 min/km

Rank in course/Total: 7 (of 117)

Rank in course/Men: 7 (of 82)

Best time in course: 2:54:26

Rank in category: 2(of 23)

Best time in the category: 3:11:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	54:03	4:39	2	3:26	7	9:39	11.60	54:03	4:39	23			57
Lap 2	9.90	48:53	4:56	2	3:04	6	6:57	21.50	1:42:56	4:47	23			57
Lap 3	11.10	56:55	5:07	2	5:06	7	10:33	32.60	2:39:51	4:54	23			57
Last lap Ziel Inse	10.40	52:19	5:01	4	9:08	9	10:35	43.00	3:32:10	4:56	2	20:44	7	37:44