



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Preuß, Friederike

Club: Eisenhüttenstadt  
Number: 715

Course: 43.00 km  
Cross-Marathon

Category:  
Frauen (20-29 Jahre)

Total time: 3:34:11

Speed: 12.05 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 8 (of 117)  
Rank in course/Women: 1 (of 35)  
Best time in course: 3:34:11

Rank in category: 1(of 3)  
Best time in the category: 3:34:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	54:37	4:42	1	-	1	-	11.60	54:37	4:42	1	-	28	
Lap 2	9.90	51:54	5:14	1	-	1	-	21.50	1:46:31	4:57	1	-	28	
Lap 3	11.10	57:43	5:11	1	-	2	0:02	32.60	2:44:14	5:02	1	-	28	
Last lap Ziel Inse	10.40	49:57	4:48	2	0:04	4	0:54	43.00	3:34:11	4:58	1	-	1	-