



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Schirmer, Hartmut

Club: SV Wacker Komptendorf
Number: 732

Course: 43.00 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:40:07

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 11 (of 117)

Rank in course/Men: 9 (of 82)

Best time in course: 2:54:26

Rank in category: 1(of 5)

Best time in the category: 3:40:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	54:06	4:39	1	-	9	9:42	11.60	54:06	4:39	1	-	55	
Lap 2	9.90	51:56	5:14	1	-	14	10:00	21.50	1:46:02	4:55	1	-	55	
Lap 3	11.10	1:00:46	5:28	1	-	14	14:24	32.60	2:46:48	5:06	1	-	55	
Last lap Ziel Inse	10.40	53:19	5:07	1	-	12	11:35	43.00	3:40:07	5:07	1	-	9	45:41