



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Saupe, Mike

Club: VfB IMO Merseburg  
Number: 711

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:42:43

Speed: 11.58 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 13 (of 117)

Rank in course/Men: 11 (of 82)

Best time in course: 2:54:26

Rank in category: 1(of 16)

Best time in the category: 3:42:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:18	4:51	2	1:56	17	11:54	11.60	56:18	4:51	1	-	42	
Lap 2	9.90	52:40	5:19	3	2:51	17	10:44	21.50	1:48:58	5:04	1	-	42	
Lap 3	11.10	1:00:43	5:28	1	-	13	14:21	32.60	2:49:41	5:12	1	-	42	
Last lap Ziel Inse	10.40	53:02	5:05	1	-	11	11:18	43.00	3:42:43	5:10	1	-	11	48:17