



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

## Detailed evaluation

**Witter, Frank**

Club: BSG Stahl Eisenhüttenstadt  
Number: 622

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:44:53

Speed: 11.47 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 15 (of 117)

Rank in course/Men: 12 (of 82)

Best time in course: 2:54:26

Rank in category: 2(of 16)

Best time in the category: 3:42:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	54:22	4:41	1	-	11	9:58	11.60	54:22	4:41	2			52
Lap 2	9.90	49:49	5:01	1	-	11	7:53	21.50	1:44:11	4:50	2			52
Lap 3	11.10	1:01:34	5:32	2	0:51	16	15:12	32.60	2:45:45	5:05	2			52
Last lap Ziel Inse	10.40	59:08	5:41	5	6:06	26	17:24	43.00	3:44:53	5:13	2	2:10	12	50:27