



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Liepner, Sybille

Club: Bernauer Lauffreunde/ TEA
Number: 697

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:48:03

Speed: 11.31 km/h
Running performance: 5:18 min/km

Rank in course/Total: 18 (of 117)

Rank in course/Women: 4 (of 35)

Best time in course: 3:34:11

Rank in category: 2(of 6)

Best time in the category: 3:35:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	58:51	5:04	2	3:07	4	4:14	11.60	58:51	5:04	2	3:07	22	
Lap 2	9.90	53:36	5:24	2	0:40	5	1:42	21.50	1:52:27	5:13	2	3:47	22	
Lap 3	11.10	1:03:03	5:40	2	5:22	8	5:22	32.60	2:55:30	5:23	2	9:09	22	
Last lap Ziel Inse	10.40	52:33	5:03	2	3:02	6	3:30	43.00	3:48:03	5:18	2	12:11	4	13:52