



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Paschy, Thomas

Club: TV Fürstenwalde
Number: 684

Course: 43.00 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:48:57

Speed: 11.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 19 (of 117)

Rank in course/Men: 15 (of 82)

Best time in course: 2:54:26

Rank in category: 7(of 18)

Best time in the category: 2:54:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	59:58	5:10	9	15:34	30	15:34	11.60	59:58	5:10	13		49	0:25
Lap 2	9.90	53:04	5:21	6	11:08	18	11:08	21.50	1:53:02	5:15	13		49	
Lap 3	11.10	1:00:19	5:26	4	13:57	10	13:57	32.60	2:53:21	5:19	13		49	
Last lap Ziel Inse	10.40	55:36	5:20	6	13:52	18	13:52	43.00	3:48:57	5:19	7	54:31	15	54:31