



8. Schlaubetal Marathon  
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Mützlitz, Sabine

Club: Berlin  
Number: 678

Course: 43.00 km  
Cross-Marathon

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:49:42

Speed: 11.23 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 21 (of 117)

Rank in course/Women: 6 (of 35)

Best time in course: 3:34:11

Rank in category: 3(of 11)

Best time in the category: 3:43:24

Intermediate times

Stage score

Total ranking

| Control            | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |       |
|--------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------|
|                    |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |       |
| Lap 1              | 11.60       | 58:14         | 5:01            | 1           | -              | 3            | 3:37            | 11.60         | 58:14         | 5:01            | 3           |                |              | 24              |       |
| Lap 2              | 9.90        | 53:27         | 5:23            | 2           | 0:26           | 4            | 1:33            | 21.50         | 1:51:41       | 5:11            | 3           |                |              | 24              |       |
| Lap 3              | 11.10       | 1:01:22       | 5:31            | 3           | 1:56           | 5            | 3:41            | 32.60         | 2:53:03       | 5:18            | 3           |                |              | 24              |       |
| Last lap Ziel Inse | 10.40       | 56:39         | 5:26            | 4           | 7:36           | 9            | 7:36            | 43.00         | 3:49:42       | 5:20            | 3           | 6:18           |              | 6               | 15:31 |