



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Mützlitz, Sabine

Club: Berlin
Number: 678

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:49:42

Speed: 11.23 km/h
Running performance: 5:20 min/km

Rank in course/Total: 21 (of 117)

Rank in course/Women: 6 (of 35)

Best time in course: 3:34:11

Rank in category: 3(of 11)

Best time in the category: 3:43:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	58:14	5:01	1	-	3	3:37	11.60	58:14	5:01	3		24	
Lap 2	9.90	53:27	5:23	2	0:26	4	1:33	21.50	1:51:41	5:11	3		24	
Lap 3	11.10	1:01:22	5:31	3	1:56	5	3:41	32.60	2:53:03	5:18	3		24	
Last lap Ziel Inse	10.40	56:39	5:26	4	7:36	9	7:36	43.00	3:49:42	5:20	3	6:18	6	15:31