



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Rehn, Ronald

Club: Neukirch

Number: 716

Course: 43.00 km

Cross-Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:52:51

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 25 (of 117)

Rank in course/Men: 18 (of 82)

Best time in course: 2:54:26

Rank in category: 5(of 23)

Best time in the category: 3:11:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:06:54	5:46	15	16:17	47	22:30	11.60	1:06:54	5:46	20		46	7:21
Lap 2	9.90	53:05	5:21	6	7:16	19	11:09	21.50	1:59:59	5:34	20		46	1:40
Lap 3	11.10	59:12	5:20	3	7:23	8	12:50	32.60	2:59:11	5:29	20		46	
Last lap Ziel Inse	10.40	53:40	5:09	5	10:29	13	11:56	43.00	3:52:51	5:24	5	41:25	18	58:25