



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

## Detailed evaluation

**Marschallek, Stephan**

Club: TV Fürstenwalde  
Number: 654

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 3:59:41

Speed: 10.76 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 33 (of 117)

Rank in course/Men: 24 (of 82)

Best time in course: 2:54:26

Rank in category: 4(of 6)

Best time in the category: 3:18:01

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 11.60    | 58:51      | 5:04         | 4           | 8:18        | 21      | 14:27      | 11.60         | 58:51      | 5:04         | 4        | 8:18        | 81      |            |
| Lap 2              | 9.90     | 54:11      | 5:28         | 4           | 8:18        | 23      | 12:15      | 21.50         | 1:53:02    | 5:15         | 4        | 16:36       | 49      |            |
| Lap 3              | 11.10    | 1:07:46    | 6:06         | 4           | 14:18       | 35      | 21:24      | 32.60         | 3:00:48    | 5:32         | 4        | 30:54       | 81      |            |
| Last lap Ziel Inse | 10.40    | 58:53      | 5:39         | 3           | 10:46       | 23      | 17:09      | 43.00         | 3:59:41    | 5:34         | 4        | 41:40       | 24      | 1:05:15    |