



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Marschallek, Stephan

Club: TV Fürstenwalde
Number: 654

Course: 43.00 km
Cross-Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:59:41

Speed: 10.76 km/h
Running performance: 5:34 min/km

Rank in course/Total: 33 (of 117)

Rank in course/Men: 24 (of 82)

Best time in course: 2:54:26

Rank in category: 4(of 6)

Best time in the category: 3:18:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	58:51	5:04	4	8:18	21	14:27	11.60	58:51	5:04	4	8:18	81	
Lap 2	9.90	54:11	5:28	4	8:18	23	12:15	21.50	1:53:02	5:15	4	16:36	49	
Lap 3	11.10	1:07:46	6:06	4	14:18	35	21:24	32.60	3:00:48	5:32	4	30:54	81	
Last lap Ziel Inse	10.40	58:53	5:39	3	10:46	23	17:09	43.00	3:59:41	5:34	4	41:40	24	1:05:15