



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Lüttich, Helmut

Club: Nünchritz

Number: 672

Course: 43.00 km

Cross-Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:07:48

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 41 (of 117)

Rank in course/Men: 31 (of 82)

Best time in course: 2:54:26

Rank in category: 1(of 4)

Best time in the category: 4:07:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	59:06	5:05	1	-	23	14:42	11.60	59:06	5:05	1	-	74	
Lap 2	9.90	55:35	5:36	1	-	29	13:39	21.50	1:54:41	5:20	1	-	74	
Lap 3	11.10	1:07:16	6:03	1	-	33	20:54	32.60	3:01:57	5:34	1	-	74	
Last lap Ziel Inse	10.40	1:05:51	6:19	2	4:57	49	24:07	43.00	4:07:48	5:45	1	-	31	1:13:22