



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Thiel, Sebastian

Club: Berlin
Number: 685

Course: 43.00 km
Cross-Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:08:37

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 43 (of 117)

Rank in course/Men: 33 (of 82)

Best time in course: 2:54:26

Rank in category: 5(of 6)

Best time in the category: 3:18:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:07:58	5:51	5	17:25	50	23:34	11.60	1:07:58	5:51	5	17:25	72	8:25
Lap 2	9.90	1:00:59	6:09	5	15:06	49	19:03	21.50	2:08:57	5:59	5	32:31	72	10:38
Lap 3	11.10	1:05:20	5:53	2	11:52	25	18:58	32.60	3:14:17	5:57	5	44:23	72	
Last lap Ziel Inse	10.40	54:20	5:13	2	6:13	15	12:36	43.00	4:08:37	5:46	5	50:36	33	1:14:11