



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Thurau, Thomas

Club: BSG Pneumant Fürstenwalde
Number: 660

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:11:14

Speed: 10.27 km/h
Running performance: 5:50 min/km

Rank in course/Total: 46 (of 117)

Rank in course/Men: 36 (of 82)

Best time in course: 2:54:26

Rank in category: 10(of 23)

Best time in the category: 3:11:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	59:55	5:09	7	9:18	28	15:31	11.60	59:55	5:09	15		69	0:22
Lap 2	9.90	56:29	5:42	11	10:40	36	14:33	21.50	1:56:24	5:24	15		69	
Lap 3	11.10	1:11:04	6:24	13	19:15	45	24:42	32.60	3:07:28	5:45	15		69	
Last lap Ziel Inse	10.40	1:03:46	6:07	14	20:35	45	22:02	43.00	4:11:14	5:50	10	59:48	36	1:16:48