



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Hausdorf, Mike

Club: GutsMuths RSLV
Number: 687

Course: 43.00 km
Cross-Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:12:03

Speed: 10.24 km/h
Running performance: 5:52 min/km

Rank in course/Total: 48 (of 117)

Rank in course/Men: 38 (of 82)

Best time in course: 2:54:26

Rank in category: 9(of 18)

Best time in the category: 2:54:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:14	4:50	6	11:50	15	11:50	11.60	56:14	4:50	11		65	
Lap 2	9.90	53:18	5:23	7	11:22	20	11:22	21.50	1:49:32	5:05	11		65	
Lap 3	11.10	1:12:48	6:33	9	26:26	50	26:26	32.60	3:02:20	5:35	11		65	
Last lap Ziel Inse	10.40	1:09:43	6:42	14	27:59	59	27:59	43.00	4:12:03	5:51	9	1:17:37	38	1:17:37