



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Lück, Jens

Club: Cottbus
Number: 640

Course: 43.00 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:13:56

Speed: 10.16 km/h
Running performance: 5:55 min/km

Rank in course/Total: 52 (of 117)

Rank in course/Men: 41 (of 82)

Best time in course: 2:54:26

Rank in category: 12(of 16)

Best time in the category: 3:42:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:02:49	5:24	9	8:27	37	18:25	11.60	1:02:49	5:24	12	6:31	15	3:16
Lap 2	9.90	55:22	5:35	5	5:33	28	13:26	21.50	1:58:11	5:29	12	9:13	64	
Lap 3	11.10	1:05:42	5:55	6	4:59	26	19:20	32.60	3:03:53	5:38	12	14:12	64	
Last lap Ziel Inse	10.40	1:10:03	6:44	14	17:01	60	28:19	43.00	4:13:56	5:54	12	31:13	41	1:19:30