



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Oertwich, Marina

Club: BSC Preussen07 Blankenfelde-Mahlow
Number: 692

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 4:16:09

Speed: 10.07 km/h
Running performance: 5:58 min/km

Rank in course/Total: 54 (of 117)
Rank in course/Women: 12 (of 35)
Best time in course: 3:34:11

Rank in category: 1(of 5)
Best time in the category: 4:16:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:04:18	5:32	1	-	10	9:41	11.60	1:04:18	5:32	1	-	30	
Lap 2	9.90	1:01:00	6:09	1	-	12	9:06	21.50	2:05:18	5:49	1	-	30	
Lap 3	11.10	1:10:05	6:18	1	-	12	12:24	32.60	3:15:23	5:59	1	-	30	
Last lap Ziel Inse	10.40	1:00:46	5:50	2	0:59	15	11:43	43.00	4:16:09	5:57	1	-	12	41:58